

WEEKLY PLANNER

Session 2, 2014

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
7AM							
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							
10PM							
11PM							
12AM+							

If you ever have any questions or concerns, you can always contact us:

Email telesangels@gmail.com

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Effective Time Management is the Key to Success!

Put Your Activities in Perspective



Here's an example:

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN	
7AM		Gym	Gym	Gym	Gym			
8AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Gym		
9AM	Travel to Uni	Work	Travel to Uni	Travel to Uni	Travel to Uni	Breakfast	Breakfast	
10AM	STUDY: Oikos & Polis		STUDY: Hiero B	AHIS100: Oikos & Polis	AHIS100: Oikos & Polis	STUDY: Myth	Work	
11AM			AHIS279: Hiero B	AHIS140: Myth Tutorial				
12PM	Lunch			AHIS120: Ant. Heirs Tutorial	Travel Home			
1PM	AHIS120: Ant. Heirs	Lunch		Lunch	Lunch	Lunch		
2PM		STUDY: Ant. Heirs	Lunch	STUDY: Ant. Heirs	STUDY: Oikos & Polis	See family		
3PM	AHIS100: Oikos & Polis Tutorial		STUDY: Myth					
4PM	Travel Home	STUDY: Myth						
5PM	STUDY: Ant. Heirs		Travel Home	Travel to Work	STUDY: Ant. Heirs			
6PM	Dinner	Dinner	Dinner	Work	Dinner	Dinner	Dinner	
7PM	AHIS140: Myth iLecture	STUDY: Oikos & Polis	STUDY: Ant. Heirs			STUDY: Heiro B	See friends	STUDY: Heiro B
8PM								
9PM	STUDY: Myth	STUDY: Hiero B	STUDY: Oikos & Polis					
10PM								
11PM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	

Organise all parts of your life!

UNI

- ★ *One the scene:* CLASS = lectures, tutorials, assessments
- ★ *Behind the scenes:* STUDY = preparation, homework, research, revision

LIFE

- ★ Work Travel Meals
- ★ Sleep Exercise Leisure

Hot Tips!

- ★ Colour code e.g. class = green, study = orange
- ★ Review and assess: *Do I have a balanced life?*
- ★ Display above your desk, inside uni folders/books, on the fridge etc.

Rule of Thumb

How much time do I need to dedicate to studying?

University requires a higher standard and level of study.

Minimum recommendations: 3 hours study/credit point/week

3cp unit = 9hrs study/week

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